



**THE REMARKABLE
SALLY SPARKLES.
PERFORMING ARTS PROGRAM.**

The world is our stage.

- A dynamic musical and drama program demonstrating the understand of theatre and the art of telling stories to enhance wellbeing.
- Sally Sparkles and her musical entourage encourage the use of musical instruments; pantomime; song and dance; to enhance creativity and self-confidence.



**JACK AND JILL
SAFETY AWARENESS
SHOW**

Fun, theatrical performances from a very clever and talented performer. The show is delivered in four wonderful episodes.

WHAT YOU NEED TO KNOW.

- *All our programs have been specifically designed and written to achieve the NESA and EYLF outcomes.*
- *Choose either 4, 6, or 8 week programs or one-off workshops and incursions.*
- *Minimum class number 10 participating students.*
- *40-minute duration of lessons and performances.*
- *Progress cards and give-aways included in our low-cost lessons*
- *All programs are taught by industry trained and accredited teachers with an energetic love of teaching.*

- *For Bookings: www.energeticminds.com.au
energetic.minds@outlook.com
0422 475 780*

A MINDFUL ME WITH MISS HONEYBEE YOGA PROGRAM.

Much more than your usual yoga program.

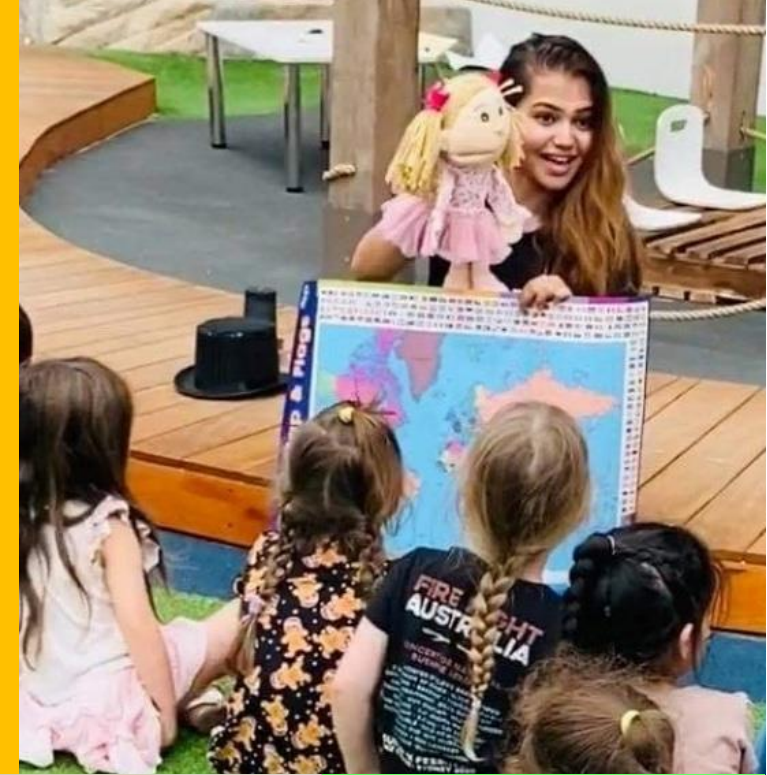
- A unique yoga program exploring mindfulness and wellbeing through fun yoga poses, activities and games.
- Miss Honeybee educates children on topics of kindness, emotional growth, calmness, and positive relationships.



ZUMBA ZONE WITH ZUMBA ZAC & ZOEY PROGRAM.

The Zumba Program teaming with excitement and fun.

- Pick your dance destination and move and groove to the beat as you learn different dance styles from around the world.
- Zumba Zac and Zoey take you on a cultural journey exploring the world and the healthy bodies.



A STRONG & SAFE ME WITH SENSEI LEE PROGRAM.

A complete interactive physical movement and safety awareness program.

- An energised fitness program developing fine and gross motor skills through strength, coordination and Tai Chi exercises and games.
- Sensei Lee discusses safe surroundings and emergency management, tricky people, bullying and much more.



DR PEABODY GOES GREEN! SCIENCE & SUSTAINABILITY PROGRAM.

A wacky science exploration through the eyes of Dr Peabody.

- Crazy experiments, quirky storytelling, magic tricks, and games.
- Dr Peabody's theatrical education of sustainability.
- Children learn about recycling; energy and water conservation; nature preservation; and planning for a brighter, cleaner new world.

